



Frequently asked questions

Why Choose Central PA Physicians Group?

- Personalized rehab programs
- Caring, knowledgeable staff
- Systematic approach
- Goal-oriented progress

How much will insurance cover?

- Most insurance carriers will cover some if not all of your cost.
- Some plans may require a co-pay.

Call today for more information.

Quality Health Care
For *Your* Quality of Life!

Call Today!

1.844.914.2774



CENTRAL PA
PHYSICIANS
GROUP

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CPAPhysiciansGroup.com



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Cardiac Rehab
program

Get your life back...



Who qualifies for Cardiac Rehab?

In the last 6 months...

- Recent heart attack
- Coronary stenting
- Stable angina
- Coronary Artery Bypass Graft (CABG)
- Valve surgery
- Heart transplant
- Stable heart failure
- Other diagnosis may be covered

What are the benefits of Cardiac Rehab?

- Improve quality of life
- Decrease blood pressure and heart rates
- Increase daily energy
- Manage your disease
- Decrease risk of future heart attacks and symptoms
- Additional benefits

Get your life back with our cardiac rehab program.

- Begin with an orientation and baseline assessment
- Receive a customized exercise program tailored to meet your needs
- Attend 2-3 sessions per week up to 36 sessions (about 12 weeks) with professionals continually monitoring EKG, vital signs, and symptoms

Cardiac Rehab Center



Get Healthy Today!

Continue with our Wellness Program... invest in your personal health!

- Members may enter a self-monitored exercise program
- Freely attend open-gym times at a low monthly rate
- Professionals provide education and support related to your disease management